

1

2

3

4

5

6

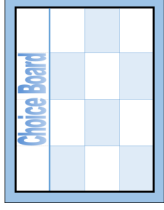
7

8

Schedule Change



My schedule is going to be different.



I can use my choice board to pick activities that are fun and relaxing.



Soon I will be able to go back to regular schedule.

Schedule Change

My schedule is going to be different.

I can use my choice board to pick activities that are fun and relaxing.

Soon I will be able to go back to regular schedule.

Choice Board



snack



drink



walk



watch video



deep
breathing



play a game



I-Pad



laydown



art




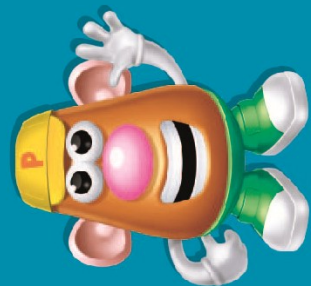


music

A choice board template. The title "Choice Board" is written in a large, bold, blue font, rotated 90 degrees counter-clockwise, and positioned on the left side of the board. To the right of the title is a 3x3 grid of squares. The squares alternate between light blue and white in a checkerboard pattern, starting with a light blue square in the top-left corner. The entire board is enclosed in a black border.

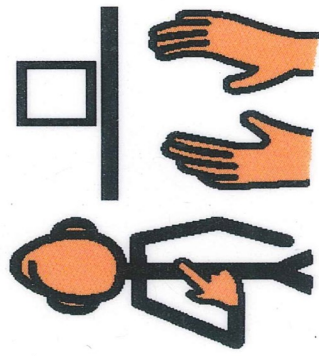
FIRST

THEN



| | | | |
|-------------|---|---|--|
| ALL DONE | 1 |  | © 2014 Hasbro. All rights reserved. |
| 2 | 2 |  | |
| 3 | 3 |  | |
| 4 | 4 |  | |
| 5 | 5 |  | |

| | | | | | |
|---|---|---|---|---|--|
| 5 | 4 | 3 | 2 | 1 | ALL DONE |
| | | | | | © 2014 Hasbro. All rights reserved. |



I want...

A large, empty rectangular box with a black border, intended for drawing or writing.

or

A large, empty rectangular box with a black border, intended for drawing or writing.

Ways to stay Healthy

Cover your cough or sneeze with your elbow



Give friends personal space – allowing space between me and my friends is a good idea.



Only eat food or drinks that are yours.



Use fist bumps and elbow bumps for greetings



Wash hands frequently and don't touch your face





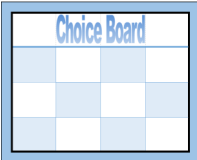






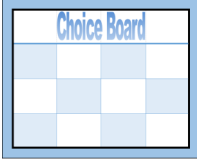


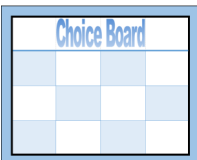






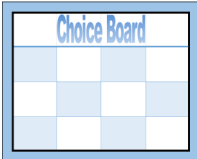
What is Social is Distancing

Social Distancing describes things we can do to keep healthy.

Some of the ways we can keep our self and others healthy are;

- Cover your nose and mouth with the inside of your elbow if you must sneeze or cough.
- Give personal space between you and other people of at least 6 feet.
- Only eat food or drinks that are yours.
- Use fist bumps or elbow bumps to greet people.
- Wash your hands with soap and warm water or germ gel often.
- Avoid touching your eyes, nose or mouth.

Following these suggestions will help keep everyone healthy.

| | | |
|--|--|---|
|  <p>morning routine</p> |  <p>exercise</p> |  <p>choice time</p> |
|  <p>work time</p> |  <p>lunch time</p> |  <p>chore time</p> |
|  <p>dinner time</p> |  <p>night routine</p> |  <p>breakfast time</p> |
|  <p>choice time</p> | | |
|  <p>morning routine</p> |  <p>exercise</p> |  <p>choice time</p> |
|  <p>work time</p> |  <p>lunch time</p> |  <p>chore time</p> |
|  <p>dinner time</p> |  <p>night routine</p> |  <p>breakfast time</p> |
|  <p>choice time</p> | | |