The Dentist

My teeth are very important for me to eat and give my body energy. The doctor that helps me take care of my teeth is called a dentist.

To keep my teeth healthy, the dentist can do several things.

1. Brush and clean my teeth to keep them strong.
2. Put braces on when my teeth are crooked so they can have the right space in my mouth.
3. When a tooth has a hole, it is called a cavity. The dentist can put a filling in the hole so my tooth can stay strong.

The dentist can do many things to help me have strong, healthy teeth.