

## **2025-2026 Workshop Catalogue:**

**Early Childhood (Birth - 5 YO)**

**Workshop Length: 2 Hour Each**

### **Introduction to Child Development**

Based on the CDC'S "Learn the Signs. Act Early." evidence-based curriculum, participants will review developmental milestones and discuss the importance of childhood development screening. Professionals will also learn how to improve effective communication with concerned families and increase knowledge of available resources.

**Recommended for participants who require background in general child development.**

### **Autism in Early Childhood: A Deep Dive**

"Autism in Early Childhood: A Deep Dive" is designed to provide participants with up-to-date information on the neurodevelopmental characteristics of autism. This workshop is appropriate for those who are new to autism, as well as for those with decades of experience.

Topics are broken down into the following categories: diagnostic criteria, coexisting medical conditions, social communication, sensory processing, and cognition. Participants will leave this workshop with a deeper understanding of the unique influence of neurodevelopment on each autistic individual. "Autism in Early Childhood: A Deep Dive" celebrates autistic people while discussing the unique characteristics that require a supportive and empathetic environment.

**Recommended for ALL participants.**

## **Visuals in Early Childhood**

“Visual Supports in Early Childhood” provides an understanding on how to create and use visuals to better support individuals’ executive functioning challenges and accommodate their unique learning styles. Participants will discuss how to properly use a variety of different types of schedules to support transitions, to manage daily activities, and to cope with unexpected change. In addition, participants will learn to support various life skills using visuals. These skills include waiting, asking for a break, managing time, and asking for help. To support these and other skills, participants will also learn about social narratives, and discuss strategies to tailor them to the individual’s needs. Finally, participants will discuss helpful tips for differentiating visuals, and methods for developing impactful material to be used across all settings.

**Recommended Prerequisite: Autism in Early Childhood**

## **Sensing Our World: How The 8 Sensory Systems Impact Regulation**

Most autistic people experience the world in an atypical way. Some may be hypersensitive to input. Others are hyposensitive. Most are a combination of these two sensory responses. Participants will discuss the 8 sensory systems, the impact of atypical modulation on the experience of sensory input, and strategies to assist with regulation.

**Recommended Prerequisite: Autism in Early Childhood**

## **Introduction to Structured Teaching**

Participants will learn about Structured Teaching, and will discuss strategies for implementing structure in both the classroom and home environment. Structured teaching encompasses components of physical structure, visual supports, and work systems. This training is appropriate for preschool and kindergarten providers.

**Recommended Prerequisite: Autism in Early Childhood**

## **Proactive Behavior Supports**

Classroom learning, community engagement, and relationship dynamics are often impacted by dysregulation. This dysregulation is often labeled as “challenging behavior.” The goal of this training is to provide basic information about a variety of proactive behavior strategies that can be applied to support autistic children and teach key skills. This training provides participants with information and tools to assist professionals in reframing their interpretation of “challenging behavior” and addressing it in a supportive way. With an expanded toolkit of strategies and tools, participants will be equipped to help build healthier interactions, and to foster and nurture an inclusive environment where all children can thrive.

**Recommended Prerequisite: Autism in Early Childhood**

## **A Common Goal: Fostering Empathetic Relationships Within a Child’s Team**

To deliver impactful care, a person’s team must work as a cohesive, trusting, and therapeutic network. Distrust, bias, frustration, miscommunication, cultural norms, opposing expectations, and trauma can all influence one’s approach to members of the team. These influences often lead to breakdowns in communication and can negatively impact the individual with ASD as a result. This presentation addresses, from both the family and professional perspective, causes of these communication breakdowns, and strategies for repairing and preventing them. Through an empathetic understanding of each person’s experience, a therapeutic and effective team will emerge.

**Focus: Supporting Families**

## Frequently Asked Questions

### **Q. Are these workshops offered virtually or in-person?**

Both! These workshops are available to be delivered over Zoom or in-person.

### **Q. Can we combine these workshops into a series?**

Yes you can! These workshops can be combined into a training series, or into a professional development day.

### **Q. Can I change the length of these workshops?**

Yes! We can do each workshop in as little as 90 minutes. We can also break the workshop into segments if you need shorter sessions. We also provide longer sessions upon request.

### **Q. Can I create a custom workshop?**

Yes! Reach out to Training Coordinator Emily Dwyer to discuss creating a custom workshop or series.

### **Q. Can I schedule a call? I have more questions.**

Of course! Reach out to Emily Dwyer to set up a zoom or phone call. Please provide your availability.

### **Q. What is the cost of the workshop?**

Workshop cost is dependent upon audience size, as well as whether the training is in-person, or virtual. Please provide that information to Emily and she can discuss cost. A written training proposal will be provided upon request.

## Contact Information

**Training Coordinator: Emily Dwyer, MA**

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